

# TickerTape - News in Brief

#### Road traffic collision in Richmond Park

On 26th December Royal Parks Police reported that "Officers at Richmond Park have been dealing with a road traffic collision between Kingston Gate and Ham Gate after the driver of a vehicle slowed to allow some geese to cross the road and a male on a bicycle collided into the rear of her vehicle and through the back window."

"The cyclist was taken to hospital, his injuries are not life threatening or life changing. The investigation is ongoing. Wishing the cyclist a speedy recovery."

#### Higher than usual demand for COVID-19 testing

As the Government has announced the introduction of daily testing for contacts of COVID-19, there is a higher than usual demand for lateral flow test kits across the distribution network nationally and locally, and challenges facing the postal distribution network.

The Department of Health and Social Care (DHSC) who coordinate these supplies stated:

"We are delivering record numbers of lateral flow tests to pharmacies across the country, with almost 8 million test kits being made available to pharmacies before New Year's Eve.

When there is exceptionally high demand for home testing, we temporarily pause the booking portal to control the flow of tests into our laboratories and maintain maximum operational capacity. If you have not been able to get the test you need from gov.uk, please keep checking every few hours as more PCR and LFD tests become available every day.

We thank the public for doing the right thing by getting tested. If you have COVID-19 symptoms, you should book a PCR test.

Those who are symptomatic should go to the <u>NHS website</u> or call 119 to book an appointment or order a home test kit."

Across Richmond we have handed out 2360 kits in the last week. The Council will replenish supplies within our local community collect points as soon as supplies reach us from the government channels; we anticipate deliveries of lateral flow stock between 4 and 7 January. View <u>full information regarding COVID-19 testing available within our borough</u>.

We thank you for your continued support in preventing the spread of infection.

### skyelectrical

Replacing your halogen recessed lights with LEDs will:

- SAVE ENERGY
- SAVE YOU MONEY
- PROVIDE BETTER LIGHTING

#### So...

✓ CALL US TODAY FOR A FREE HOME ASSESSMENT AND QUOTE

For a timed appointment please call Sky Electrical on 020 8894 1799

22 Fifth Cross Road, Twickenham, Middlesex, TW2 5LF

www.skyelectrical.co.uk

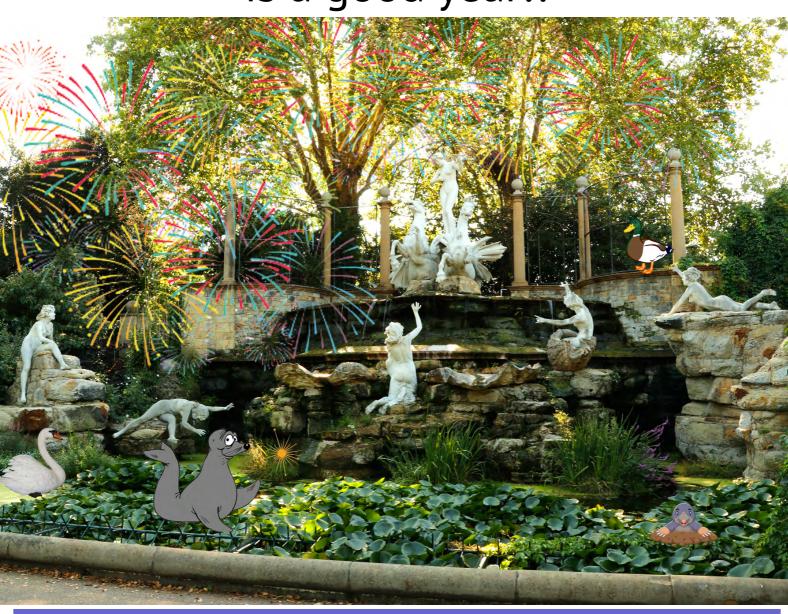




# TwickerSeal and all his chums wish our readers a

# **Happy New Year**

Let's hope 2022 is a good year!!



# COVID 19

#### Teresa Read

# World Health Organization Weekly Epidemiological Update

December 2021

During the week 20-26 December, following a gradual increase since October, the global number of new COVID-19 cases increased by 11% as compared to the previous week; while the number of new deaths remained similar to numbers reported during the previous week. This corresponds to just under 5 million new cases and over 44 000 new deaths. As of 26 December, over 278 million cases and just under 5.4 million deaths have been reported globally.

#### Local Covid total cases to Friday 31 December 2021

Richmond upon Thames	37,969 (34,653 previous week)
Kingston upon Thames	34,832 (31,780 previous week)
Hounslow	57,411 (52,795 previous week)
Wandsworth	71,158 (64,528 previous week)

#### In the News:

Reuters, 31 December: Deaths in Eastern Europe surpass one million.

Reuters, 31 December: COVID patients in English hospitals up nearly 10% in one night.

BBC News, 30 December: UK seeing 'astronomical' number of infections – expert.

Daily News, 30 December: Dutch economist who opposed lockdowns and vaccines dies of COVID.

The Guardian, 29 December: French Daily cases above 200,000 as Italy introduces stricter green pass.

Reuters, 29 December: Greece issues new coronavirus curbs as Omicron cases jump.

USA Today Travel, 29 December: Americans urged to 'avoid travel' to Sweden, other European destinations due to COVID.



## The census of 1921

By Simon Fowler

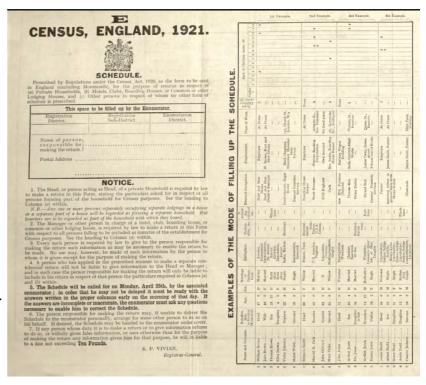
Next Thursday – the 6th – sees the release of the 1921 Census to public access. This is a major event for family and local historians. For the first time it will be possible to read the forms completed by your grandparents or great-grandparents, or to discover more about the people who were living in

your house a hundred years ago.

The first census was held in 1801 and they have been taken every ten years since then, with the exception of 1941. You may remember completing the census form online last April. Initially they were held to answer whether the population was growing or not. These days they help plan transport and housing needs and much else besides.

The questions asked have changed a lot over the past 120 years, although the enumerator has always asked who was resident in the household (normally a family) on census night.

The original forms are closed by law to public access for a hundred years. Previous censuses between 1841 and 1911 are all online.



In 1921 the census was taken on Sunday 19 June. An editorial in the *Richmond and Twickenham Times* advised readers that 'the head of the family will be doing something more than satisfying a curious government official. He will be helping to write many a book on the social and industrial history of Great Britain.'

The editor offered reassurance to anybody confused by the paperwork: 'the ordeal of filling up the form is not so terrible as once it appeared to be. We are all more familiar with forms than was formerly the case. After the food and coal rationing and the experience of those who went into the army during the war the census paper has lost most of its terrors...most people who fill up the census paper will look upon it as a nuisance and in many cases as an unwarrantable inquisitiveness unto personal affairs.'

But the temptation to leave the form to later must have been very great, as England was enjoying a heat wave. The *Sunday Mirror* informed readers that it was Ascot Sunday when 'Everything that can float will be afloat The Thames between Richmond and Reading will afford to Londoner one of the prettiest sights of the year.' A W Bradbury advertised charabanc trips to Brighton and Maidenhead and Boulters Lock at a cost of five shillings.

And if you wanted to be entertained Richmond Theatre offered performances of 'His Little Widows', where: 'the music is original, the business bright and unimpeachable, while there is a plot which is always entertaining.'

The 1921 census records are available through Findmypast <u>www.findmypast.co.uk</u>. In addition, The National Archives in Kew will be providing free access in its reading rooms.



#### **River Crane Sanctuary**





"Ring Out false pride in place and blood,
The civic slander and the spite;
Ring in the love of truth and right,
Ring in the common love of good.
Ring Out old shapes of foul disease;
Ring out the narrowing lust of gold;
Ring out the thousand wars of old.
Ring in the thousand years of peace."
Ring Out, Wild Bells c. Lord Tennyson



Wishing everyone realisation, in our lives, of the wise words in Alfred's beautiful and insightful poem which still rings true today. Will Humanity find its Humanity for the good of all in 2022? We remember Desmond Tutu's visit to York House in the 1980s and how local children sang to him in Swahili but no photos unfortunately. Hope he can put a word in for this World in the next! Our heartfelt wishes to all who have lost someone dear or is struggling. We hope to resume our walks and talks in the Nature and everyone is welcome to join us physically when possible.

Our photos and news are available by clicking here: Website: River Crane Sanctuary Instagram

The Big Garden Birdwatch End of this month and all the information is on the RSPB website now so click the link above and join in. We still have **Greenfinches** visiting our water bowls in the Sanctuary gardens and feeding on natural habitat foods along with Bird feeders. The spread of 'trichomonosis', a parasite-induced disease, is linked to the recent decline in **Greenfinches** and keeps them on the **Red List**. Good Hygiene of all Feeders/Bowls is essential. **Swifts and House Martins now on Red list from Amber**.



Starling another Red Listed bird



# Silent Night

By Lucilius

Snow falls gently over the Katchwimen Palace where the twin flags of the EU and The Democratic Republic of Transfluvia, high on the roof, hang limply in the cold night air. On the path around the larger-than-life statues in the gardens (that the locals refer to as the Katchwimen Naughties) there are imprints in the snow like giant question marks.

The imprints are from the electric snowshoes of a huddled pair, Cllr Rutt and Cllr Lickspital, who are on their way to the annual Winter Festival audience with the Governor, Ralph Gobbets, to witness the unwrapping of his seasonal presents. It is 26<sup>th</sup> December, when suitable gifts may be exchanged as part of the Republic's Winter Festival.

Rutt, Director of the Department of Heritage Destruction, and Lickspital, Director of the Department of Information Obfuscation enter the palace, and hang up their vegan-fibre overcoats. They are dressed in their best Party wear, pale grey suits and yellow rosettes in lieu of ties. (Ties were banned after Governor Gobbets' secretary, Stirra Fluttocks complained that they were symbolic of toxic masculinity.) They realise they also need to take off their snowshoes, as they stop them genuflecting as they enter the Parabolic Office.

Gobbets: Come along you two, Vice Governor Hammer is already here.

Lickspital: We know. We trod in something that Hermann, his Rottweiler, left in the snow. Took us

ages to poke out from the electric snowshoes.

Hammer: Should have used the electric skis like I did. Mowed down a few more pedestrians on

the way. And I've had chance to slide over to Pea Green to see how our Party Youth Wing is doing. It was good to see it: lager bottles everywhere, plenty of healthy shouting and swearing, all of them working hard to turn the snow yellow. That'll teach those troublemakers who live around Pea Green; always prattling on about democracy. I'll take

no lessons from them.

Gobbets: But tonight it's goodwill to all persons, even the witless Preservatives. Let's get down to

opening my tributes.

Rutt: Open mine first, oh, do open mine first! It's the pink one.

Gobbets: Two books, how kind. *Demolition for Dummies* 

and 1001 Ruins to See Before You Die, I'll make good use of those. Oh, and here's yours Lickspital, Essentials of Statistics for Politicians.

Lickspital: It's a translation of the official book of the

North Korean government, a great read. But

aren't you going to open Vice Governor

Hammer's tribute.

Gobbets: Not another bloody book, Axel. Let's see,

Swearing is Good for You, The Science of Bad Language (ISBN 978-1781255773). Long title.

Hammer: Hermann chewed up my first copy. So I bought two, one for each of us. We can practice

together before we go into the Star Chamber. Angerlyn Rager, the Deputy of the Luggers Party, recommended it. She swears by it. But here's another tribute, this one from our Transfluvian "Notional Treasure", Goliath Rottenbourgh; not another signed copy of his book,

Jungle Runs for Geriatrics, you'll be pleased to know.

Demolition for Dummies

Gobbets: Eh? It's a soft toy! No, no it's not. It's a model of Gritty Thunderbrow, his mascot who

follows him around.

Rutt: Oh, how sweet it looks. Just like one of those Nordic Wolverines with big eyes and lots of

sharp teeth. See, it's got a press-button on its belly. Do try it out.

Thunderbrow Toy: Blah, blah, blah!

Gobbets: I forgot to mention, I did get a special tribute from Mona Noswill, our local MP (Minder of

the Proletariat). I opened it this morning. It was The Complete Grooming Kit for Men.

Rutt: Ooo, can we see it?

Gobbets: 'Fraid not, I've used it all up. We have got the corporate tributes to open though. There's

that huge heavy box from the Firkin Architects. Give us a hand Rutt.

Rutt: There's a video disc, *The History of Brutalism in Architecture*. Goody, can we watch it later?

And there' an oil painting of an artist's impression of the new Katchwimen Riverside. Look, you can see the underwater playground! And there's something else in the box. It is heavy.

Pull! It's a chain saw, a whopping great big one.

Gobbets: What a thoughtful practical gift. We can get started on the Doubly Joyous Gardens.

Hammer: It's going to be a busy time. There are all those self-

seeded conker trees on Pea Green to come down too.

Trees, I hate them with a vengeance.

Gobbets: Before that though, there's some international tribunes.

Here's one from the Off-Plan Oligarchs Group. That's strange, it's a large bottle of gun-oil, from sustainable source of course, forty million square miles of birch. It must be valuable though, they have packed the box with

fat brown envelopes to keep the bottle safe.

Hammer: They sent me something too. It was a lovely gold-plated

Kalashnikov. I think it was because I love the old name for today in the Winter Festival calendar, before we banned Ch\*\*\*\*mas. I said how I loved the name Boxing Day. Made

me want to go and punch all those tree-loving, heritage-obsessed scumbags.

Rutt: Er, er, this one looks interesting; the gift-wrap is all little Eiffel Towers and EU flags in the

snow.

Gobbets: Let's open it. It's from President Mycronie. Yes! It a pétanque kit, and 100% waterproof! I

obviously did make an impression at COP26.

Lickspital: That true, here's one from President Sliden. It's a bit light. The gift card says "From your ol"

friend Joey, a cultural gift from the US of A".

Gobbets: Let's take a look then. It's a box of grains, all shiny and brown. Ah, it says on the box, "Pop

you own corn".

Photography by John Sugden and William Peachy

Self -Seeded Tree

### Gardens Who Needs Em!

"Flogging the family silver – sorry a strategic rolling programme of asset capitalisation – has provided a lucrative source of income for the London Borough of Richmond upon Thames for years ... car parks, public toilets, lock-up garages ... sold despite local protests". .... Gardens.

No, this is not from the Tribune but from an article in Private Eye in January 2006.

How many of us can point to such developments where we live and currently a cause for concern?

It is time for the Council to respond to residents' views, that is, the real views and not officers' and councillors' "interpretations" of public consultations.

The next local election is 5 May 2022 – question candidates carefully, and look at their record; perhaps watch their "performances" at meetings on zoom. Remember, they may be in for the next four years.



## Chess Club returns to Teddington pub after 120 years

The Richmond and Twickenham Chess Club has announced it is returning to the Adelaide Inn on Park Road, Teddington.

It was just over 120 years ago, in October 1901, that the Thames Valley Chess Club, formerly the Twickenham Chess Club, moved its venue from what was then the Clarence Hotel (now the Park) to the Adelaide Inn. This news was reported in the local paper, the Surrey Comet, at the time.

Now, in 2022 the Richmond and Twickenham Chess Club has announced it is returning to this popular and friendly pub in Park Road, Teddington.

From 4 January, there will be weekly social and match chess on Tuesday nights from 7.30 to 10.30pm.

The Club have five teams across the local Thames Valley and Surrey leagues and have veteran local chess coach Richard James as their President.



Membership has doubled in the last year with renewed interest in chess during lockdown and the Oueens Gambit series on Netflix.

Players of all levels are welcome.

# Winter bird walk in Mereway Nature Reserve

FORCE are holding their winter bird walk again in Crane Park on Saturday 8 January, from 10 to 11.15am.

Take a walk and catch the birds in Crane Park with expert Keith Martin and learn about the number of species close by.

The walk will start at the notice board at the entrance to Mereway Nature Reserve, beside the bridge over the River Crane, and walk through the scrubland and along the river bank. The nature reserve is accessible from the end of Mereway Road or via Meadway through Kneller Gardens.



Everybody is welcome to join, although no dogs will be allowed as they scare the birds.

Read more information about this walk **HERE** 

## 112 year old HAPPY NEW YEAR postcard

#### From Alan Winter



# Twickers Foodie - By Alison Jee 'TWIXMAS IDEAS

It's that strange time of the year, often called 'Twixmas', when we're all feeling a tad jaded after the excesses of Christmas, but there's still New Year to look forward to... and more indulgence! Then, of course, it's down to reality in January, maybe Dry January? Or perhaps it'll be Veganuary?



If you've forgotten to send someone a present or card, then all is not lost! You could always send them a **Shroot**! The brainchild of a couple of mums, the company was created during lockdown and allows you to send grow able (and edible) greetings in a post-able, watertight, plant pot and envelope in one. It's such a clever idea and very inexpensive at £6.99 plus £1.50 P&P (free for orders over £30 – next day delivery also available). Check out the range at shroot.co.uk for a gift that will grow on the recipient!



If, like us, you have a lot of delicious turkey left over from Christmas dinner and want a good recipe to use up most of that meat, look no further. Help is at hand with this tasty recipe from Opie's:

#### Turkey Casserole (Serves 4)

Preparation time: 10 minutes, Cooking time: 40 minutes

Allergens: dairy. gluten, nuts, sulphites (white wine) and celery, barley (dependent on stock cube)

8 Opies Pickled Walnuts, halved 50g butter 50ml oil 2 onions, sliced 250g lardons 25g flour 650g cooked turkey, shredded

200g carrots, sliced 700ml chicken stock 250ml white wine Salt and black pepper 100g frozen peas

- 1. Pre-heat the oven to 180°C.
- 2. Heat the butter and oil in a shallow pan. Add the onions and lardons, fry until the onions have softened and the lardons have browned.
- 3. Place in a casserole dish together with the turkey, walnuts and carrots.
- 4. Stir in the flour well and pour over the stock and wine. Season to taste.
- 5. Cover tightly and bake in the oven for approximately 20 minutes.
- 6. Remove from the oven and stir in the frozen peas. Re-cover and return to the oven for 10 minutes.
- 7. Serve immediately with delicious, crispy and buttered jacket potatoes.

**Hints and tips**: Swap cooked turkey for leftover roast chicken.

Happy New Year to you all – let's hope it's a better one!



# Ellie and Starlight's Christmas Adventure by Kenneth Mason, originated by Sarah Watson.

Silvercube Media Group at Hampton Hill Theatre

Ellie and Starlight's Christmas Adventure marks another quest for a little Yupik girl called Ellie and her imaginary friend Starlight, the polar bear. The play builds on the environmental message of its prequel, *Ellie and Starlight: The Musical*. Ellie, her family and village have moved higher into the mountains in order to escape the rising sea level caused by global warming. However, there is a problem. It's Christmas, and Ellie is afraid that Father Christmas won't know that the village has moved, so that when he arrives to deliver presents to the children, all he will see is water. Ellie and Starlight decide that they must travel to the North Pole to let him know. The journey is treacherous, and the pair must overcome a number of dangerous obstacles before they arrive at their destination.





The set suggests a snow covered mountain landscape, some dwarf trees, and a couple of igloos. The backdrop is the night sky, full of stars, but when an image of a village in the mountains is project on the backdrop, it transports this very young audience into the icy climate near the North Pole ... for them then to be astounded by the visual spectacle of the Aurora Borealis.

Ellie, played by Holly Hoss, and Peter Gardiner's Starlight interact with the audience extremely well. Hoss is just delightful. Her superb physicality

manages successfully to embody the bold spirit, enthusiasm and optimism of childhood,

full of curiosity. Gardiner is amicable, full of fun, and very much appreciated by the young audience who find him very funny as well as lovable. Katie Barton as the Narrator succeeded in capturing the children's interest as soon as she begins telling the story about Ellie and Starlight.

Both performers have tuneful singing voices and it isn't long before the children join in the first song, *Dear Father Christmas*. Kenneth Mason has worked his magic again!

Read Celia Bard's review at www.markaspen.com/2021/12/20/ellie-star-xmas

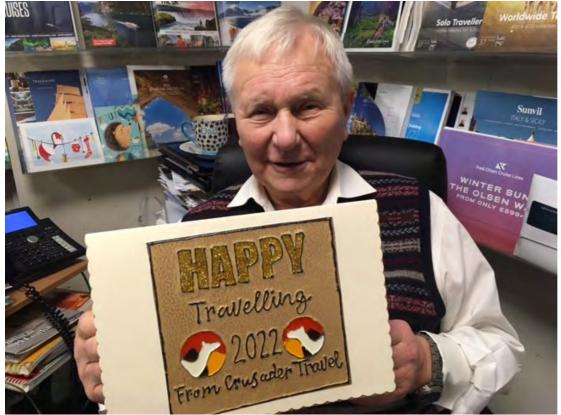
Photography by Stephen Leslie



# Here Comes 2022!!! Not too Soon either

Crusader

Travel news by Bruce Lyons.



You, dear reader, must know by now that I'm a LEO - the eternal optimist till the end!! Very much "It'll be all right on the night stuff. Well, I'm delighted to tell you that we have been busy over the holiday tracking our clients and ensuring they are on time with their forms, tests, vacc's and goodness knows what else -like passport validity's visas - covid insurance, driving licences Yes – they've been on

the move USA, Mauritius,

Gambia, Sri Lanka Malta, Dominican Republic, Portugal, Mexico and more.

But more important is What's Next? Tomorrow is January a New Year - with loads of Travel Sales & Travel Documentaries o get you off that dammed sofa.

We, already can see School Break just around the corner and Red Sea for warmth and the Alps for skiing Is in demand & then the Big January Travel Sale is on!! God knows we all need a break so it is a great opportunity to take a look around discounts "if you book by...." of up to 30%. Low deposits too

Adventure Trips, Rail Journeys, Cruises, Beach Breaks, so Seize The Day – Carpe Diem & all that. let's hope that by February many of these tests, forms & regulations will be a thing of the past - long gone (that's the optimist in me speaking)

But what I can tell you is that before Xmas there was a lot of apprehension, but they still went – even to Australia, Singapore, Uganda and South Africa and to date you've all been wonderful – keeping away from the crowds – wearing your masks, filing in the forms (you have remembered we are at the end of an email – all times of day) No body (touch wood) has got stuck.

Though I have to admit for us – too much paperwork – too many flight changes but at least Mr Grant Shapps and his Boss Boris have kept their word and not changed a thing since November and our New Year wish is they keep that up, so we can all make plans we can keep to - it would be nice eh! But, If you book - don't worry we will be watching over you and checking everything all the way that you have the docs ready. Happy New Year from the Lyons family at number 58. Travel is what we do best.

### WIZ Tales - French Guiana

By Teresa Read





The Department of Guiana, known as French Guiana, is an overseas department of France in South America. It is bordered by Brazil, Suriname and the North Atlantic.

As an overseas department of France, the Department of Guiana is part of the European Union.



Kourou is the location of the European Space Agency rocket launch site.

In 2017 Kourou was counted among the spaceports with the highest percentage of successful launches.

NASA's James Webb Space Telescope was launched on 25 December 2021 on an Ariane 5 rocket from Europe's Spaceport in French Guiana.

The space centre also accounts for a significant percentage of the Department's Gross Domestic Product.

More information about French Guiana https://worldinfozone. com/country. php?country=FrenchGuiana

Ariane 42P launch vehicle

A joint effort with ESA (European Space Agency) and the Canadian Space Agency, the Webb observatory is NASA's revolutionary flagship mission to seek the light from the first galaxies in the early universe and to explore our own solar system, as well as planets orbiting other stars, called exoplanets



NASA's James Webb Space Telescope launched Dec. 25 at 7:20 a.m. EST on an Ariane 5 rocket from Europe's Spaceport in French Guiana, on the northeastern coast of South America. Webb, a partnership with the European Space Agency and the Canadian Space Agency, will explore every phase of cosmic history – from within our solar system to the most distant observable galaxies in the early universe.

Credits: NASA/Bill Ingalls

"The James Webb Space Telescope represents the ambition that NASA and our partners maintain to propel us forward into the future," said NASA Administrator Bill Nelson. "The promise of Webb is not what we know we will discover; it's what we don't yet understand or can't yet fathom about our universe. I can't wait to see what it uncovers!"

Ground teams began receiving telemetry data from Webb about five minutes after launch. The Arianespace Ariane 5 rocket performed as expected, separating from the observatory 27 minutes into the flight. The observatory was released at an altitude of approximately 870 miles (1,400 kilometres). Approximately 30 minutes after launch, Webb unfolded its solar array, and mission managers confirmed that the solar array was providing power to the observatory. After solar array deployment, mission operators will establish a communications link with the observatory via the Malindi ground station in Kenya, and ground control at the Space Telescope Science Institute in Baltimore will send the first commands to the spacecraft.

Engineers and ground controllers will conduct the first of three mid-course correction burns about 12 hours and 30 minutes after launch, firing Webb's thrusters to manoeuvre the spacecraft on an optimal trajectory toward its destination in orbit about 1 million miles from Earth.

"I want to congratulate the team on this incredible achievement – Webb's launch marks a significant moment not only for NASA, but for thousands of people worldwide who dedicated their time and talent to this mission over the years," said Thomas Zurbuchen, associate administrator for the Science Mission Directorate at NASA Headquarters in Washington. "Webb's scientific promise is now closer than it ever has been. We are poised on the edge of a truly exciting time of discovery, of things we've never before seen or imagined."

The world's largest and most complex space science observatory will now begin six months of commissioning in space. At the end of commissioning, Webb will deliver its first images. Webb carries four state-of-the-art science instruments with highly sensitive infrared detectors of unprecedented resolution. Webb will study infrared light from celestial objects with much greater clarity than ever before. The premier mission is the scientific successor to NASA's iconic Hubble and Spitzer space telescopes, built to complement and further the scientific discoveries of these and other missions.

"The launch of the Webb Space Telescope is a pivotal moment – this is just the beginning for the Webb mission," said Gregory L. Robinson, Webb's program director at NASA Headquarters. "Now we will watch Webb's highly anticipated and critical 29 days on the edge. When the spacecraft unfurls in space, Webb will undergo the most difficult and complex deployment sequence ever attempted in space. Once commissioning is complete, we will see awe-inspiring images that will capture our imagination."

The telescope's revolutionary technology will explore every phase of cosmic history – from within our solar system to the most distant observable galaxies in the early universe, to everything in between. Webb will reveal new and unexpected discoveries and help humanity understand the origins of the universe and our place in it.

# TRAVELLER'S TALES 113 CHRISTMAS IN THE WEST COUNTRY

Doug Goodman enjoys Christmas in Devon

A family country house with log fires, dogs to walk on Dartmoor and a delightful local pub were the perfect ingredients for Christmas in Devon. Nichols Nymet House, owned by my nephew and his wife was home for a five day break last weekend. The house, near North Tawton and Dartmoor and within easy reach of Exeter and Oakhampton, dates from 1816



and a settlement on the site is mentioned in The Doomsday Book in 1086. Described as a 'Gentleman's Georgian Manor' the large cob-built house has a symmetrical front of three bays and distinctive two-storey towers on either side. The reception rooms are grouped around the high entrance hall and the grand double staircase is screened by an arcade supported by columns. Nichols Nymet House has nine bedrooms some with four-poster beds as well as three cottages. Bed and breakfast is available and the cottages are for holiday hire. The house offers extensive views over the countryside with footpaths for keen walkers. (www.devonbedandbreakfast.co.uk).



Nichols Nymet House



View from Nichols Nymet



Nichols Nymet House

#### **WILD MOORLAND**

On a wet Boxing Day we took a short drive to the moors for a four mile circular trek which the two collie dogs enjoyed more than I did. Dartmoor is a national park of moorland covering nearly 1000 square kilometres. Ponies roam the rough terrain and for walkers there are forests, marsh and wetlands and huge outcrops of granite to explore. The town of Oakhampton on the northern edge of Dartmoor has a ruined castle and a recently reinstated rail link to Exeter. A bicycle shop near the station provides transport for lengthy rides across the moor. The ruins of the castle beside a river date from the 14th century when the building was reconstructed as a luxury home for Hugh Courtenay. It was intended to show off wealth and status rather than providing a military fortification. But defence was not overlooked: thick high walls are linked to outer and inner gatehouses where armed defenders would gather in times of attack. The grounds are managed by English Heritage but closed in winter.

The Country House of Castle Drogo is a National Trust property built between 1911 and 1930 for Julius Drewe. Visitors can explore the gardens and follow a winding path leading to Teign Gorge.



Wet and Windy Dartmoor



Oakhampton River Ockment



Oakhampton Castle

#### **DEVON PUBS**

Somehow Otter Ale tastes better when drunk in the region where it's brewed. Devon is full of delightful pubs – some really old and full of character and some where it's difficult to understand the locals. The Post Inn at Whiddon Down traces its history back to 1516 when Henry V111 needed to receive mail from London whenever he was travelling. A line of 'posts' was established where the King's couriers could get fresh horses and leave mail: the obvious places were the road-side inns. Thus came about the post offices with the local inn-keeper often becoming the post master. In 1784 the mail coach service was introduced with fresh horses provided at ten-mile intervals along main highways. The Post Inn today offers a splendid welcome for travellers as well as locals. The free-house has a wide range of beers and a great menu. Most produce is locally sourced and the portions are very generous. There's a Sunday carvery and special meals for children. Views from the garden are extensive.



The Post Inn



The Post Inn

After five days – much of which was spent enjoying traditional Christmas food and wine – it was time to make the 185 mile journey back to Twickenham. Long delays on the A303 whenever it becomes single lane and the predictable huge jams around Stonehenge made for a tedious drive of nearly five hours. This road, one of two main routes to the south-west from London, is to be avoided if possible.

# That Was The Year That Was The Twickenham & Richmond Tribune 2021 Part One of Two

#### Edition 217

The year 2021 began with TwickerSeal's Year Roundup, Simon Fowler's New Year 1941, Gail Francis-Tyron's painting "Brexit", Bruce Lyons Travel News and James Dowden's Football Focus.



#### Edition 218

The front cover photograph was a close up of a Redwing Thrush eating cotoneaster berries outside the Tribune window. TwickerSeal presented the Twickenham Riverside consultation. Twickers Foodie questioned Dry January. And Covid-19 information was published from the World Health Organization.



#### Edition 219

Gifford Lodge, formerly one of the most publicized planning applications, made an appearance on the front cover. The Tribune revealed that there were 22 pubs within walking distance of Twickenham Riverside. A Digital Divide was uncovered. And the e-scooter trial began. A letter revealed that many cyclists did not have lights.



#### Edition 220

The Park Lane Stables were in the Tribune and also in the national news. The Twickenham Riverside Trust launched a new website. Letters continued to arrive at the Tribune. And the future of the White House in Twickenham was secured.



#### Edition 221

Snow arrived in the borough. The Covid-19 column continued to keep readers informed. And the Chief Executive for LBRUT moved away to sunny Jersey in the Channel Islands.



#### Edition 222

Simon Fowler wrote about "Gibraltar on Thames". Residents expressed concern that cyclists are using public footpaths and pavements. There were worries about the e-scooter trial. Doug Goodman shared photographs of a variety of birds which visited his garden, with more birds from the River Crane Sanctuary.



#### Edition 223

Twickers Foodie gave advice on food for the Chinese New Year, Shrove Tuesday as well as Valentine's Day. Buyers were invited for Kneller Hall. Doug Goodman said We All Deserve A Holiday. And we discovered The Naked Ladies Had Been Spruced Up.



#### Edition 224

Borough View photographed Frozen Over Radnor Gardens. Park Lane Stables were saved. The Failure of LBRUT to Provide Public Toilets was highlighted. WIZ Tales took us to the Seychelles.



#### Edition 225

Marble Hill Marvels presented Daffodil Time at Marble Hill House. The Letters continued to come in. Turner's House offered a programme of online lectures. We heard about the Council's plans for Elleray Hall in Teddington. And Football Focus and the RFU continued to provide interesting information for sports enthusiasts.



#### Edition 226

The monthly news was published for Hampton North Ward. Twickers Foodie suggested Food for Mother's Day. Mark Aspen continued with theatre reviews and the Richmond Film Society engaged us with the Best of our Historic Screenings.



#### Edition 227

Borough View burst into blossom. Twickers Foodie was Boxing Clever with Food Kits. Whilst Doug Goodman was in Cathar Country and Bruce Lyons at Crusader Travel was advising us to Discover Your Heritage.



#### Edition 228

Daffodils in Strawberry Hill House adorned the front cover. TwickerSeal found some temporary toilets. It was Census time on Sunday. There was concern about the Council's proposals for Twickenham Riverside. The importance of trees was highlighted by the Woodland Trust.



#### Edition 229

There was concern over the replacement of lamp posts on Richmond Green. It was the first-year anniversary of Lockdown. Teddington residents launched a campaign to save Elleray Hall and Stop Over Development. Residents' Letters continued to arrive at the Tribune. And TwickerSeal reminded us about British Summer Time.



#### Edition 230

High Tide in Twickenham with flooded Radnor Gardens makes the front page. Parking charges in Bushy Park causes residents to put "pen to paper". The consultation on Twickenham Riverside is scrutinised by residents and 20mph is also a concern.



#### Edition 231

Springtime in Twickenham. The death of HRH Prince Philp, Duke of Edinburgh. Concerns about Twickenham Riverside continues and Bruce at Crusader Travels asks Is this the New Normal?



#### Edition 232

Temporary toilets on Richmond Riverside. A new CPZ in Kew North. And, the Duke of Edinburgh connection on Vanuatu. While Michael Jay tells us Fukushima Survives!



#### Edition 233

TwickerSeal remembers the first Christmas on Diamond Jubilee Gardens. Removal of mature trees in Orleans Gardens, Twickenham. St George's Day on the horizon. And the Bees are in a frustrating stalemate.



#### Edition 234

A Supermoon over Radnor Gardens. The River Crane Sanctuary welcomes springtime. The May bank holiday weekend. Crusader Travel says the Buzz Word is Green. While WIZ Tales goes to Tonga. And the Bees Bounce Back.



#### Edition 235

A magnificent tree in Radnor Gardens on the front cover. A major fire on Platt's Eyot, Hampton. Concern about trees in Orleans Gardens. Resident queries the unknown costs of the Council's proposed Twickenham Riverside development. And Turner's House opens its doors.



#### Edition 236

The front cover highlights the interesting colours of the cotoneaster in Spring. TwickerSeal celebrates four and a half years of the Tribune. Teddington RNLI assist in Minke whale rescue. And the Mayor of Richmond celebrates Europe Day in Barnes.



#### Edition 237

Call for information after man stabbed to death in Richmond. Apparently, It All happens in Church Street Twickenham. WIZ Tales prefers Fiji. The Richmond Film Society is Out in the Dark. And the Queen requests that we Plant a Tree for the Jubilee.



#### Edition 238

A unique air raid shelter is found and Marble Hill shows promotes its ice house. Teddington Stables continue to experience problems. Hampton North is concerned about the dreadful state of the Borough's grass verges.



#### Edition 239

TwickerSeal and Chums concerned about e-scooters. World Environment Day says "Reimagine, Recreate, Restore", but the Council is not listening. Concerns continue about Udney Park Playing Fields. The Naked Ladies have been restored. And the Bees reach the Premier League.



#### Edition 240

Covid: "No One is Safe Until We Are All Safe". The e-scooter trial begins. Twickers Foodie tries World Ocean beer. Arts Richmond is Talking Lockdown. Doug Goodman remembers the first flying bomb. And St Mary's Alumni selected for Team GB.



#### Edition 241

Covid "Delta variant dominates". Twickenham Riverside seen from Ham. Theatre reviews from Mark Aspen. Doug Goodman visits Benidorm. And photographs of Panama in WIZ Tales.



#### Edition 242

The Council to propose Compulsory Purchase Order on Diamond Jubilee Gardens. Public Health England, Second Dose Important. Richmond's view of the sky. Butterflies released at Princess Alice Hospital. And Squire's 85<sup>th</sup> anniversary.



# Happy New Year and best wishes for

2022

to all our readers

Twickenham TRUBUNE & Richmond TRUBUNE

# 25% Off Breakfast at Squire's in January



25% off your breakfast bill at Squire's Garden Centres in January

Cheer yourself up this January with 25% off your breakfast bill at Squire's Garden Centres. The offer includes all hot food, drinks and smoothies. Enjoy a delicious Full English Breakfast, a brioche bun with bacon or sausage, or choose something a little sweeter such as Buttermilk Pancakes served with bacon and maple syrup or a fruit compote. Go on, treat yourself, you deserve it!

Breakfast is served 9am-11.30am Monday to Saturday, and 10am-11.30am on Sundays.

The offer runs from 1st to 31st January 2022, and you can either pop in or book a table online at squiresgardencentres.co.uk: Book a Table (squirescafebars.co.uk)

Offer excludes the Sweet Treats menu.







L-R: The cosy and inviting Café Bars at Squire's in Hersham, Woking and Wokingham

#### New Year Opening Times

Saturday 1st January 2022 - The following Squire's Garden Centres are open 10am-5pm: Badshot Lea, Shepperton, Stanmore, Twickenham, Washington and Wokingham. All other centres are closed.

Sunday 2nd January 2022 - All Squire's Garden Centres are open 10.30am-4.30pm with the exception of Squire's Frensham which is open 10am-4pm.

GARDEN CENTRES

# FOOTBALL FOCUS

By James Dowden



## **BRENTFORD FC**

#### Bees suffer Boxing Day blow Brighton & Hove Albion 2 – 0 Brentford

Brentford suffered a Christmas day hangover as they were beaten 2-0 at the Amex Stadium by Brighton & Hove Albion. Two excellent goals proved to be



the difference on the evening as a superb lob from Leandro Trossard opened up scoring for the Seagulls. Former Brentford player Neil Maupay then returned to haunt his old club as he scored from distance to give Brighton a 2-0 lead in the first half and which they saw out in the second.

The first chance of note in the game fell the way of the away side when a long pass over the top from Dominic Thompson found Bryan Mbeumo running in behind the Brighton backline. The Frenchman manged to control the ball and clip an effort over Robert Sánchez although Dan Burn got back to recover and in any case the linesman's flag was soon raised.

When the opening goal game it was a thing of beauty. Enock Mwepu picked the ball up in midfield and looked up to seeing Trossard making a run. Mwepu's ball and Trossard's run were perfectly time and the latter pounced in front of Álvaro Fernández to volley the ball first time past the Spanish goalkeeper and into the back of the net.

The second just before half time was also an equally magnificent strike. Jakub Molder glided through a number of tackles of the edge of the Brentford area and played the ball through Mathias Jensen's legs to give Maupay the chance for a shot from the edge of the box. The Frenchman made no mistake and curled an unstoppable shot into the top corner to double their advantage.

In the second half Brentford tried to fight their way back into the game and created a few promising chances. Shandon Baptise was influential and the midfielder had a deflect shot that was somehow tipped over the bar via the leg of Sánchez with the keeper diving the other way.

Sánchez then make his second incredible save of the game following a Brentford corner. The initially cross was cleared but the Bees recycled and Sergi Canós crossed to the back post where Ethan Pinnock headed the ball on target only for Sánchez to claw it away.

At the other end Alexis Mac Allister flashed a shot wide of the post as the home side tried to grab a third.

Late on a long throw in from Mads Bech Sørensen was headed by Pinnock and the ball looped over Sánchez and looked destined to be heading in only for Marc Cucurella to get back an make an incredible goal line clearance with his head and seal Brighton's clean sheet and secure all three points.

#### Bees narrowly defeated by City Brentford 1 – 0 Manchester City

Brentford couldn't gain anything from their final match of an unforgettable 2021 but they made the defending Premier League champions work to secure all three points at the Brentford Community Stadium. A finish from close range by Phil Foden in the first half proved to be the difference between the two sides with the Bees once again stepping up their performance against title challenging sides.

Brentford came out of the blocks flying and playing without fear created a number of goalscoring chances early on. Shandon Baptise released Frank Onyeka down the wing and the Nigerian broke free and curled a shot, although it lacked power and Ederson was able to get down low to save.

Ederson was again called upon to make a save soon after Yoane Wissa escaped inbehind the City defence. His attempted cross took a deflection off defender Ruben Dias and only the quick reflexes of Ederson prevented the Bees going ahead.

From the corner there was an incredible goal mouth scramble which Manchester City managed to scramble the ball away. Pinnock won the initial header and he found Wissa in space. The forward had a shot that ricocheted up and was heading in, only for João Cancelo to clear the ball off the line at the last minute.

Manchester City then showed their ruthless edge as they took the lead through Foden. A flash of brilliance from Kevin De Bruyne was all it took as the Belgian swung in a teasing low cross that Foden applied the finish too from inside the six-yard box to convert past Álvaro Fernández.

In the second half Foden though he had got a second when he headed home from a Gabriel Jesus cross, only to see his celebration cut short when the offside flag was raised.

City also struck the woodwork in the second half after De Bruyne had a low shot from 25 yards that had Fernández scrambling across to cover and then following up his own shot he had a speculative bicycle kick attempt that looped over.

Manchester City then put the ball in the back of the net for the third time in the game, only to see it be ruled out after an intervention from VAR. A free kick from De Bruyne was headed in by Aymeric Laporte but after being checked he was adjudged to have been offside. In the end though the away side saw out the game to consign Brentford to a defeat in their final match of the calendar year.

#### Lössl completes transfer to Brentford

Danish goalkeeper Jonas Lössl has signed for Brentford from sister side FC Midtjylland in the first signing of the January transfer window for the Bees.

Lössl has played for a number of clubs across his native Denmark as well as having had spells in France, Germany and England. In England he played for Huddersfield Town and Everton as he has been capped once by the Danish national team in 2016.

Speaking to club media about the move Head Coach Thomas Frank said, "Jonas is a very good goalkeeper who will bring with him lots of experience. He has played in England and in the Premier League and we also know him from his work with FCM. He fits the criteria of what we want in a goalkeeper with his feet and in his penalty area.

"The most important thing is that he will add to the experience within our goalkeeper group in our first Premier League season. We have David Raya injured and Álvaro Fernández has missed some training recently. This gives us an extra experienced goalkeeper in training and also someone who has played Premier League games and will be used to that matchday environment if he starts a game for us.

#### **UP NEXT FOR BRENTFORD**

Game 1

Opponent: Aston Villa (H) Sunday 2nd January 14:00 Brentford Community Stadium

Nickname: The Villans

Competition: Premier League – Matchday 19

Opponent record: P18 W7 D1 L10 GF24 GA28 (12th in Premier League)

Manager: Steven Gerrard

Interesting fact: When Jozef Venglos arrived at Aston Villa in July 1990, he became the first foreign manager to be appointed by a top-flight club.

# Hampton & Richmond Borough

#### Beavers suffer Boxing Day nightmare Slough Town 4 – 1 Hampton & Richmond Borough

Hampton & Richmond Borough suffered a nightmare on their return to league action as they were defeated 4-1 at Arbour Park. A second half surrender from the Beavers saw them conceded four with a Jorome Slew goal the only consolation on a sobering afternoon.

The Beavers started on the backfoot and Alfonso Teconi found himself free in behind the away side's defence with just two minutes on the clock but Dean Inman did well to come across and make a decisive intervention.

Alan Julian then made his first saves of the game as he pushed over a Lee Togwell header from a corner and then he denied Teconi after the 18-year old had once more got in behind the Hampton & Richmond defence.

In terms of chances for the Beavers the most promising opening fell to David Fisher who was set though by Sam Deadfield but subsequently saw his shot save.

After the interval Hampton & Richmond collapsed with four goals conceded in a depressing twenty minute spell. The first came after along ball over the top from Aaron Kuhl which found

Tyler Goodrham who finished past Julian.

The home side then doubled their lead minutes later after Matt Lench finished from a cross out wide to punish the Beavers.

Things got even worse as Slough then made it three. Kuhl went from assister to goal scorer as he was sent trough one on one against Julian and he made no mistake with the finish.

The misery was then compounded as Guy Hollis headed in from a corner to make it four and further knock down Hampton.

The Beavers did grab a goal from Jorome Slew with seven minutes to play as he turned in a shot from close range but it was barely a footnote on a depressing afternoon for the side.

#### Two Hampton players suspended

Hampton & Richmond Borough have issued a statement confirming that two players have been suspended following the Slough Town match at Arbour Park.

The two players have not been named and have both been suspended for a period of two weeks.

The club issued the following statement: "Following an incident during the second half of our away fixture versus Slough Town on Tuesday, the club will be conducting an internal investigation into the matter. As a result, the two players involved will be placed on a 2-week suspension. Any further updates will be provided as and when available."

#### **Gondoh moves on from Beveree**

Hampton & Richmond Borough have confirmed that midfielder Ryan Gondoh has left the club and has signed for National League side Wealdstone FC.

The midfielder, who arrived at Hampton & Richmond Borough from Wealdstone in the summer of 2021, leaves having scored four goals in 17 games this season.

Speaking to club media manager Gary McCann said, "I thank Ryan for his efforts and honesty and wish him well going forward. We find ourselves in a tough moment currently and need every player grafting for the badge and pulling in the same direction."

#### **UP NEXT FOR HAMPTON**

Opponent: Hungerford Town (A) Monday 3rd January 15:00 Bulpit Lane

Nickname: Crusaders

Competition: National League South - Matchday 17

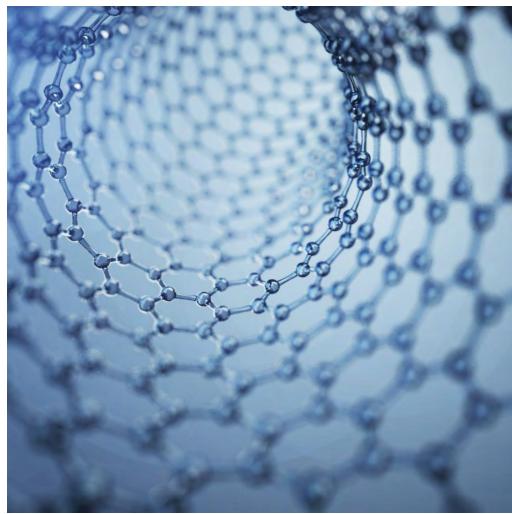
Opponent record: P17 W8 D2 L7 GF30 GA25 (10th in National League South)

Manager: Danny Robinson

Interesting fact: Hungerford Town's record attendance is 1,684 vs Sudbury Town in the 1989 FA Vase semi-final.

# Researchers have identified key design rule for making curved X-ray detectors, bringing clearer and safer X-rays a step closer to reality

Published in a study in <u>Advanced Science</u>, scientists from NPL, the Advanced Technology Institute at the University of Surrey, University of Bologna (Italy) and Sheffield University, have identified design rules for a special class of "inorganic in organic" semiconductors.



Curved X-ray detectors have the potential to revolutionize diverse sectors due to benefits such as reduced image distortion and vignetting compared to their planar counterparts. The team's study identifies the crucial missing link in the development of curved detectors.

NPL scientists Filipe
Richheimer, Sebastian
Wood and Fernando Castro
contributed to this work
by providing calibrated
measurements of the
nanoscale properties of the
active layer in these X-ray
sensor devices.

Their measurements of the surface work function using

scanning Kelvin probe force microscopy (SKPM) were key to understanding the electrical contact with the electrodes to ensure the high sensitivity of the sensor. This collaboration with the University of Surrey aligns with a recently-completed Analysis for Innovators (A4I) project with their spinout company SilverRay. SilverRay is developing high-sensitivity, flexible X-ray sensors for medical and security applications. NPL has supported them in scaling up their technology towards large scale manufacture. <a href="https://www.a4i.info/a4i\_case\_studies/silverray-ltd/">https://www.a4i.info/a4i\_case\_studies/silverray-ltd/</a>

NPL is now following-up this work by applying the measurement techniques developed in this project to support other companies developing other emerging electronic materials and products including IR sensors, solar

cells, and LED technologies.

# CHILDREN WHOSE PARENTS SMOKE ARE FOUR TIMES AS LIKELY TO TAKE UP SMOKING THEMSELVES

- Experts warn that teenagers whose parents smoke are likely to copy them in adulthood
- New film features health experts discussing how adult smokers can act as role models and influence the young
- NHS support offered to smokers in particular parents, carers and other adults to encourage them to quit in the new year

Top medical experts have warned that teens whose parents or caregivers smoked are four times as likely to have taken up smoking.

Analysis has also shown that early teens whose main caregiver smoked were more than twice as likely to have tried cigarettes (26 percent vs 11 percent) and four times as likely to be a regular smoker (4.9% vs 1.2%).

A new government Better Health Smoke Free campaign has launched on 28 December 2021 as leading family doctors warn of the issues facing the children of smokers – and calls on people to help prevent this by quitting in January.

In a new film released today, NHS and behavioural health experts discuss the link between adult smoking and the likelihood of children in their household becoming smokers. This includes family GP Dr Nighat Arif, child psychologist Dr Bettina Hohnen, and smoking cessation experts Professor Nick Hopkinson and Dr Anthony Laverty of Imperial College London, who have called on parents in particular to give up smoking in the new year in order to set a good example to their children.

# Maggie Throup MP, Parliamentary Under Secretary of State and Minister for Vaccines and Public Health, explained why the campaign is launching now:

"We know that many people make a quit attempt in January, and while there are so many good reasons to stop smoking for yourself, we hope that this new campaign - by highlighting the inter-generational smoking link with parents influencing their children - will be the added motivation many need to ditch the cigarettes for good this year. With so much help and support available for parents, carers and anyone looking to quit - including the NHS Quit Smoking app, support on Facebook, daily emails and texts, and an online Personal Quit Plan - you won't be alone in your New Year's resolution."

Recent research from NatCen Social Research has also shown children aged 10-15 were more likely to smoke if either their mother or father currently smoked. Children were also more likely to smoke if either parent had smoked in the past, even if they were not a current smoker.

## Deputy Chief Medical Officer and joint lead for the Office for Health Improvement and Disparity, Dr Jeanelle de Gruchy said:

"Smoking is terrible for your health but it also has a negative impact on people around you.

"Most people know the dangers of second smoke but we should not overlook the impact that parents have as role models. Every parent wants what is best for their child and will not want them to become smokers. By stopping smoking now, parents can help break the pattern of smoking in their family across the generations, protect their children and improve their own health."

The film forms part of the <u>Better Health Smoke Free</u>campaign from the new Office for Health Improvement and Disparities (OHID) in the Department of Health and Social Care, and aims to give smokers a strong motivation to guit in January, offering free and proven NHS resources and advice.

The campaign comes as the most recent data from the Office for National Statistics shows that one in eight adults in England still smokes. There has been a complex picture of smoking patterns since the pandemic, with high rates of quitting but also high levels of relapse and signs of a rise in smoking rates among younger adults.

#### Professor Nick Hopkinson of Imperial College London said:

"Our research findings are clear – adult smoking has a tangible impact on children. Children whose caregivers smoke are four times as likely to take up smoking themselves.<sup>1</sup> The most effective way to help prevent this would be for adults to quit smoking – clearly not only does this have enormous benefits for them but it will also benefit their children both now and in later life."

#### Dr Bettina Hohnen explains how parents' behaviours can have a huge impact on their children's':

"Even if we don't directly expose children to second-hand smoke, or believe we are hiding our smoking by not smoking directly in front of them, it can still have a major impact and children can pick up the behaviour without you even being aware you'd had an influence. Children copy their parents' and carers' behaviours, so it's important to model the behaviour you want from your child - or we can pass on behaviours without even realising. Actions really do speak louder than words, so if you don't smoke, you will significantly reduce the chances of them taking up smoking in the future."

#### Family GP Dr Nighat Arif has first-hand experience of helping smokers in her general practice:

"One in eight adults in England still smokes, and it remains the leading preventable cause of premature death. Stopping smoking is one of the best things you will ever do for your health, and it's never too late to quit. If you want to quit smoking for your family or for your own health this January, you're not alone. The Better Health campaign provides tons of proven support and resources from the NHS which can help you quit for good."

# Georgina from Harrogate, North Yorkshire, is 35 and stopped smoking in January 2021 after being a smoker since she was only 16. Her nephews inspired her to quit:

"After 15 years of smoking I took the decision to quit because I really didn't want to pass the habit on to the children in my life. I was totally unaware at first, but over time I noticed that my 7- and 4-year-old nephews were watching me smoke. I am a big influence in their lives so obviously I was worried they'd one day pick up smoking too. In the end I quit smoking - both for my own health but for my nephews as well. When I felt ready to start my stop smoking journey, I turned to the Better Health website, and looked at the different resources they had available to help me build confidence and give myself the best possible chance of quitting."

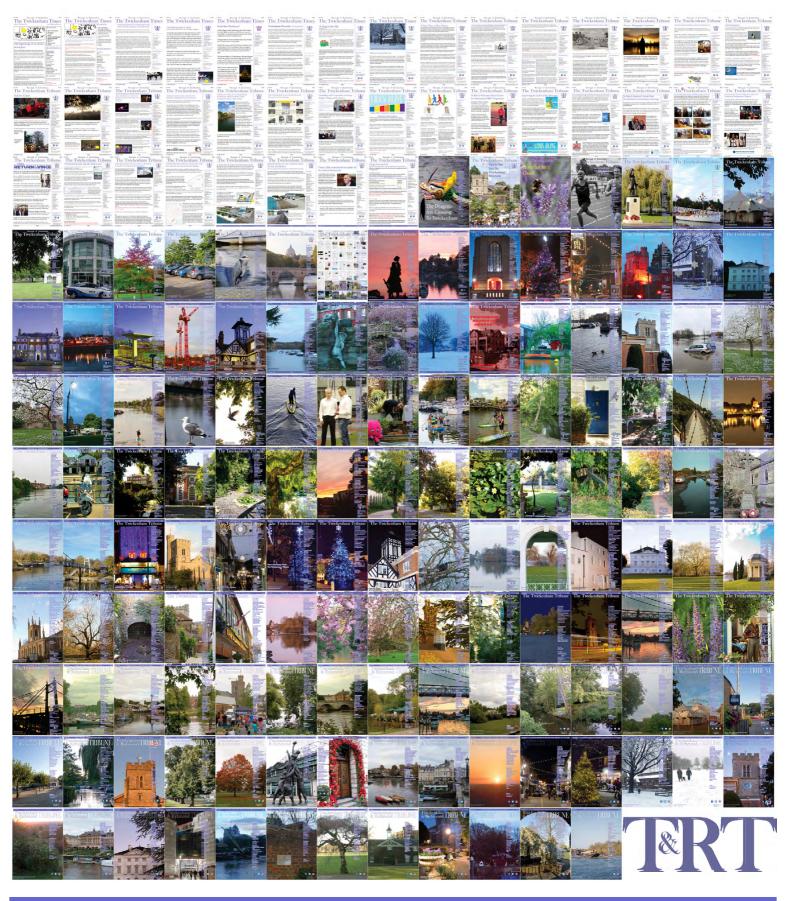
The Better Health campaign gives access to a range of free quitting support and tools including free expert help from local Stop Smoking Services, the NHS Quit Smoking app, Facebook messenger bot, Stoptober Facebook online communities, daily emails and SMS, and an online Personal Quit Plan.

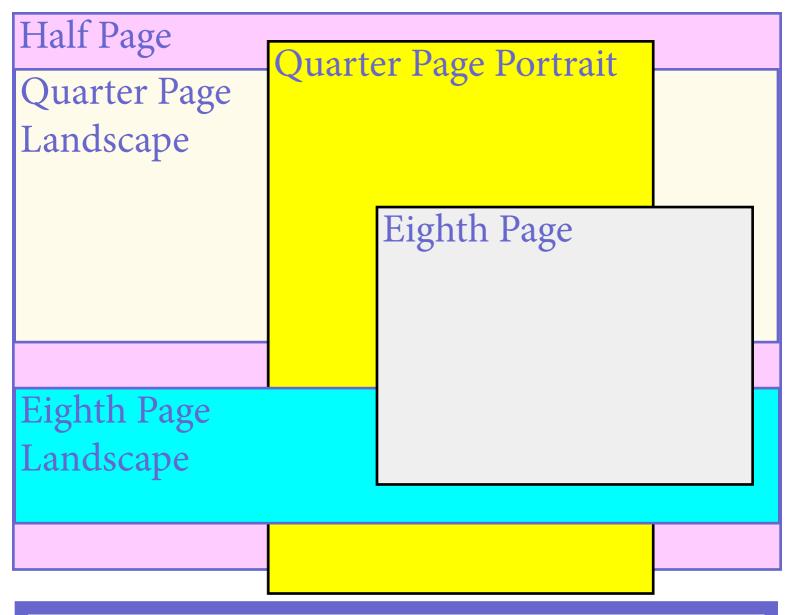
Search "Smoke Free" for free and proven quit smoking tools and advice on different types of support, nicotine replacement therapies (NRT) and e-cigarettes, to help you quit smoking.

Please also see a link to the film **HERE** 



# 269 editions of the Twickenham & Richmond Tribune online - Lots to read: News, Reviews, History, Sports and On-going Sagas in the Borough of Richmond upon Thames





Example advert sizes shown above

### Thousands read The Twickenham & Richmond Tribune

If you are reading this you could be advertising your business with The Twickenham & Richmond Tribune. Community rates are available

Contact: advertise@TwickenhamTribune.com View ad details at www.TwickenhamTribune.com/advertise

#### Contact

contact@TwickenhamTribune.com
letters@TwickenhamTribune.com
advertise@TwickenhamTribune.com





#### Published by:

Twickenham & Richmond Tribune (in association with World InfoZone Limited)

Registered in England & Wales Reg No 10549345

The Twickenham Tribune is registered with the ICO under the Data Protection Act, Reg No ZA224725

©Twickenham & Richmond Tribune. All rights reserved. No part of this publication may be used or reproduced without the permission of Twickenham & Richmond Tribune. While we take reasonable efforts, this online newspaper cannot be held responsible for the accuracy or reliability of information. The views and opinions in these pages do not necessarily represent those of The Twickenham & Richmond Tribune.

Terms & Conditions